

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Healthy Foods & Snacks

M A A Z B V I Q K L I M M V X Z Q H C U R M F E  
O I I O H S G G E T G R A P E S A H V S R B Y I  
Q I L J M A N A N A B E D Y B R E T A W Q K A P  
R J O P K S A C N O M L A S E V U S F G M C T I  
N I C P P X K X Y K L F H F W S S W C I C H X A  
E I C F B Q K L I W E O H C W P K T Q V S K E T  
K W O E J I G W G K C U J H P G N H O I Y Y N S  
N V R Z C Q I F D B U P H I I H F A O R Q X U A  
N A B U G P H P B I A Y O C N F D U B X R O R P  
H D Z H H Z B G U R S L G K E Y O G U R T A K T  
U I U V N K V H E E E G Z E A D D R G H D U C A  
T O M A T O E S T M L L P N P S Q K X Z G S D E  
C O R A N G E S U I P G S D P Z K H V N A Z M H  
U F P F A L Q B R R P N A G L W E K S Z S M W W  
D E Z F U Y K L K P A D E W E Y I S E W B T O E  
H J K D I A U E E H C B P N S R X D E E D G J L  
F P K N X A E J Y K W O C J I N H H A E T X V O  
D E H X W N W M C C E L E R Y R S N Q C H D G H  
D A G H C A N I P S V X K P M A S C Y F Y C D W  
V R D D Z T L M A S G H P D C X G L Z M M P H Q  
U S A T B S E L P P A X N P I Q G Z Q T I V R P  
A I E V S A L O N A R G W F B E S T E E B S H T  
V X G A I G J N D G U M J Y O B S R F H L F A H  
E V N I T E C C U C U M B E R S Q B E T G E B N

Grapes BEETS CELERY YOGURT GRANOLAS TOMATOES CUCUMBERS CASHEWS  
SALMON APPLESAUCE CARROTS PEAS CHEESE TURKEY RICE CHICKEN BROCCOLI  
SPINACH PEARS BEANS BANANA KIWI PINEAPPLE EGGS ORANGES PRIME RIB WATER  
MILK WHOLE WHEAT PASTA APPLES